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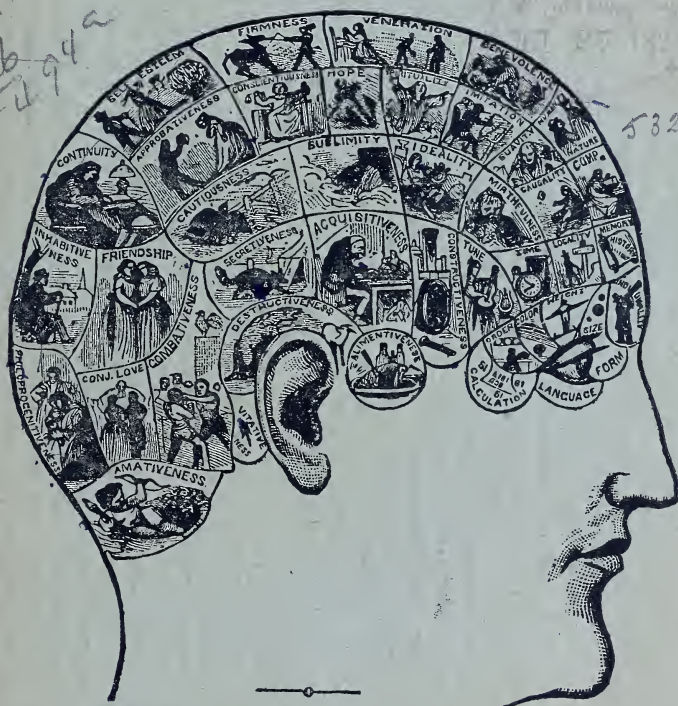
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Allen Haddock

HADDOCK & HOLT'S DELINEATOR.

For the use of Phrenologists in describing
the Character of their Patrons,
in accordance with the most
advanced knowledge of



Phrenology, Physiognomy,
Physiology, Psychology and Psychometry.

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INDEX TABLE.

THE PHRENOLOGIST will mark in this table the degree in size and activity (from 1 to 7, using the numeral), of the phrenological organs of his patron; the figures thus made corresponding to those on the page of the book indicated in the same line, referring to which a description of the faculty will be found.

In the column of size and degree of activity a wide space is given wherein two or more persons can be marked in the same table by using a cross or other character set opposite the numeral to designate the individual, thus X 5, etc.

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Description of the Character and
Physical Condition, at this date,
Of
Given by
At
On

All orders for this DELINEATOR should be addressed to HADDOCK & HOLT, Office of "Human Nature," 1016 Market Street, San Francisco, Cal.

Very liberal terms to Phrenologists and the Trade.

PREFACE

TO FIRST EDITION.

THE excuse the Authors of this DELINEATOR offer for ushering it into existence is, that there is an imperative demand for such a work.

The testimony of Phrenologists and the general public, coming to us from all parts of Europe and America, together with our own observation and experience covering many years of professional labor, justifies us in assuming that a Chart is demanded that will describe character without "ifs" or "ands."

This object we claim to have accomplished as nearly as it is possible to achieve in printed form, by omitting the "ifs," and stating character and conditions of development by the degree of *activity* of the faculties, instead of relying on their size alone to indicate their manifestation. A *large, inactive* faculty counts much less than a smaller one aglow with life and activity; hence, in this work, both size and activity are indicated.

No one faculty expresses itself singly, but in combination with other organs, and these combinations are so numerous and complicated, that only a written description is equal to their elucidation; but when this Chart is properly marked, the patron will be able to read his leading traits of character in a concise form.

It will be observed that new and scientific definitions have been given many of the faculties, which we believe will be commended by all thinkers as expounding the horizon of Phrenology.

There are hints given on hygienic living that the reader will do well to heed.

A space has been reserved in which the examiner will write the occupation to which his patron is best adapted.

Also another blank in which to briefly write the peculiarities scientifically required in a marriage partner.

One merit this book has if no other, it is original, and as such is presented to the world by

ALLEN HADDOCK

AND

C. P. HOLT.

PREFACE

TO SECOND EDITION.

THE favor with which this DELINEATOR has been received by the profession, and the urgent demand for more, has encouraged the Authors and Publishers to issue a second edition, which is herewith presented to the world, revised and enlarged, including an index page at the front, to facilitate the marking of faculties by the examiner. Those who so desire can mark in the body of the work, as in the first edition.

ALLEN HADDOCK

AND

C. P. HOLT.

HYGIENE.

THE true character of every person is manifested only under normal conditions, and when the health of the body is perfect. All enjoyment also has health for a chief factor ; hence, it becomes a duty which we owe to ourselves and to society to learn and obey the laws of health.

To attain this object, Temperance must be observed in every act of life, and strict attention paid to proper diet, cleanliness of body, purity of thought and action, calmness of mind and abundance of sleep.

Regarding diet, care should be taken that it be plain and unconcentrated. Man, by nature, is frugiverous, and the nearer he approaches a fruit and nut diet the better ; but as he, through necessity, long ago departed from that food, and as high civilization imposes inexorable duties upon him, perhaps no cast-iron rules can be laid down, except that such food should be selected as contain the least starch and earthy matter.

Under no circumstances eat swine flesh ; it would be better to abstain entirely from all flesh meat, or to eat as little animal food as possible. Avoid all stimulants, condiments and narcotics. Practice frequent and when possible, daily bathing of the entire body. Breathe copiously of *pure* air night and day. Avoid all excesses, "never neglect small ailments ;" when sick, immediately open the entire system by fruit, laxative diet, water enemas and perspiration. Observe complete repose and "Throw physic to the dogs."



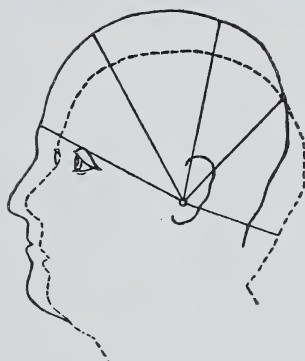
HIGH ORGANIZATION. LOW ORGANIZATION.

ORGANIC QUALITY.

TO ILLUSTRATE the importance of considering *quality*, as the chief factor in estimating character, the above cuts are introduced.

On page 19 will be found a description of this essential element.

Special attention is called to the subject as being of first importance in rendering a true description of character.



BRAIN AND NERVE FIBRE.

RADIATING from the Medulla Oblongata are bundles of nerve fibres passing through the Cerebral Crura, the Pons Varolii, the Optic Thalamus, and the Corpora Striata, constantly growing larger as they extend through each, until finally they compose the cerebral hemispheres.

Those which proceed from the Corpora Pyramidalia comprise the frontal lobe. The others, together with the Cerebellum, are made up of the fibres which proceed from the Corpora Olivaria and Corpora Restiformia (See fig.). Other fibres pass to the median line, thence from one hemisphere to another, bringing them into communication with each other.

Thus it will be seen that Phrenology is not based upon skull excrescences, or "Bumpology," but upon the radiation of brain fibre which a normal development of the skull indicates.

The Occupation to which you are best adapted is that of

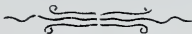
The Marriage Partner scientifically selected by you should be

WEIGHT OF BODY:

POUNDS.

NORMAL FUNCTION: Weight gives solidity and indicates the amount of substance existing in a person's physical structure.

The average man whose head measures 22 inches, weighs 150 pounds. As the temple requires a solid and substantial foundation to support its walls, so the brain must have a well-developed body to rest upon, and from which to derive nourishment.


Size AND Degree OF Activity		Cultivate Restrain
7	— You possess a strongly nourished body, which will enable you with ease to perform prodigies either mentally or physically.	
6	— You have a good physical organization, capable of endurance, and which will act its part in helping you to accomplish great results.	
5	— You are endowed with a fine development of physical weight and strength, but care and moderate living will be required to enable you to execute your mental and physical desires.	
4	— You have only a moderate amount of physical development, and must be ever watchful of bodily weakness, and should live hygienically.	
3	— Your body needs constant care and should never be unduly taxed; you can only hope to reap feeble results; but by correct living may accomplish something.	
2	— You are too weak in body to bear burdens of any kind.	
1	— You are too feebly constituted for earthly trials.	

SIZE OF BRAIN.

..... INCHES.

NORMAL FUNCTION: It is a cardinal doctrine of Phrenology that "the brain is the most important organ of the mind," and that size (other things being equal) is a measure of power. A tree is stronger than a twig of the same species and texture. An elephant by reason of his great size is much more powerful than a horse.

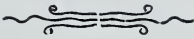
Throughout nature, strength and power are commensurate with size, provided other conditions are favorable to such results. The average circumference of a man's head is 22 inches, and that of a woman 21½ inches. The average weight of a man's brain is 48 ounces, and that of a woman's 44 ounces. Quality enters largely as a factor in determining brain power. A brain of fine texture is superior to one twice its size, if the larger one is coarse in quality.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You possess a large brain, which, if of <i>fine</i> quality, and the anterior portion largely developed, will render you a natural genius, an intellectual giant.		
	6 — You are very intellectual, and if cultivated, may perform wonders in mentality, and provided you have a body strong enough to support your large brain, will wield a powerful influence in the realm of thought.		
	5 — You are favored by nature with rather more than ordinary size and strength of brain, which, if active, and health and quality be good, will enable you to make yourself felt among men.		
	4 — You are fairly endowed with brain power, yet are more easily led by other minds than capable of leading them, or of originating new ideas.		
	3 — You do not manifest intellectual power in any marked degree, are quite an ordinary person, though you may succeed in conducting an average business enterprise, but are not very profound.		
	2 — You are rather weak minded and incapable of conducting business for yourself.		
	1 — You are feeble minded.		

HEALTH.


NORMAL FUNCTION : Health is the first requisite to success of any kind ; weakness in any machine impairs its efficiency ; however large or powerful a steam engine may be, if it has a weak cylinder, or its piston rod is out of adjustment, it will fail to perform its work at the critical moment. So it is with the complex and delicate machinery of the human organization.

A man or woman may have a large and symmetrical brain, but if any portion of the physical structure be diseased or feeble, the character will be warped, and the mental power distorted. It is only a healthy brain and a sound body that manifests normal capacity.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You are the embodiment of perfect health ; every organ in your body performs its functions properly ; strength and vigor is manifest in your every movement.		
	6 — You are a stranger to aches and pains ; can endure fatigue, and perform great mental or physical labor with ease. If tired from protracted labor, a good night's sleep restores you and renews your wonted strength.		
	5 — You are seldom ailing, and as a rule feel well, yet there are indications that any overstrain or fatigue might weaken your vital forces ; you should husband your strength.		
	4 — You need to exercise care to preserve health ; you have no vitality to waste. Beware of excesses of all kinds, sleep much, eat nourishing food, thus you may be able to ward off disease, and realize your ambition.		
	3 — Your vitality is at low ebb, but correct living and obedience to the rules of health, may keep your body fairly well. Eternal vigilance is the price of your bodily and mental success.		
	2 — You are far from strong or vigorous, however, <i>Nil desperandum</i> , where there is life there is hope.		
	1 — You are a confirmed invalid.		


DIGESTION.

NORMAL FUNCTION: Throughout nature, waste and supply are in constant progress ; grains and grasses, trees and flowers receive nourishment from earth and air to replenish waste and promote growth. All animal life is subject to this law of sustenance ; each species and each individual appropriate such nutriment as is conducive to growth and recuperation. Animals and men in their natural state possess sound and healthy digestive organs, and perfectly assimilate their food. Civilized man, however, in consequence of unnatural environments and of perverted appetite, running through many generations, often has a more or less impaired digestion, causing depletion of vital force and preventing the normal action of brain faculties. Given a certain *size* and *quality* of brain and body, a good digestion promotes intellectual power and physical vigor, whereas feebleness of that function in the same organization produces impoverishment of brain substance, nerve tissue and low vitality.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You are endowed with remarkable digestive power ; can assimilate anything eatable, and your whole body is well nourished.		
	6 — You enjoy eating, and this pleasure is never marred by indigestion ; your brain, muscles and nerves are well supplied with material to keep vigor and vitality pulsating in every vein.		
	5 — You have a fine digestion, yet should be moderate in eating, and choose the most digestible food and that which will most readily build up broken down tissue.		
	4 — You are only moderately strong in digestive function, and must take good care what and how you eat ; let it be easily digested and nourishing, avoid stimulants, condiments, spices and intoxicants.		
	3 — You lack power to assimilate food, are dyspeptic and of low vital power. Eat only such food as your system can absorb.		
	2 — Your entire body lacks nourishment ; avoid stimulants, spices and narcotics, eat only nourishing food, and exercise much in the open air, laugh when possible, and sleep eight hours out of the twenty-four.		
	1 — You are at the lowest vital ebb, with little or no digestive power.		


RESPIRATION.

NORMAL FUNCTION: All organic life is dependent upon respiration; to breath is to live, to cease breathing implies death; hence those animals or men who breath most copiously are the most thoroughly alive. If we place a bird or a man in a vessel from which the air has been exhausted, death immediately ensues. The lungs of an adult man contain 170,000,000 air cells, forming a surface thirty times greater than the human body; every one of these cells is provided with a network of blood vessels over every portion of their surface; through this extremely fine membrane the blood receives oxygen, and if the air breathed be pure will become vitalized, but if the air breathed be impure is rendered foul, causing disease and death. Men have been known to live 40 days without food, but two minutes without air destroys life. The necessity of breathing pure air sufficient to fill every lung cell is apparent. Those who are feebly constituted in this respect can increase their breathing power immensely, and lengthen their lives accordingly by the constant practice of deep breathing.

Size AND Degree of Activity		Cultivate	Restrain
	 7 — You breathe deeply and easily, and, as a consequence, your blood is highly vitalized, pulsating throughout your arteries and veins, a river of life, thus nourishing and invigorating body and brain.		
	6 — You possess excellent breathing power, and experience great pleasure in inhaling pure air. You suffer much if confined in a close room and are compelled to breathe vitiated air; your lungs demand a liberal supply of oxygen, which obtained thrills your entire body with electric life.		
	5 — You are moderately endowed with respiratory power, but should take pains to increase your lung capacity by deep breathing and active exercise in the open air.		
	4 — You have only fair respiratory organs, and take cold easily; you ought to live much out of doors, and never neglect lung expansion for an hour.		
	3 — You are predisposed to consumption, but can prevent its ravages by hygienic living, and outdoor life, and frequent inflation of your lungs.		
	2 — You are very feeble in lung power.		
	1 — You possess little or no vitalizing capacity, have cold extremities, and are weak throughout your body.		

BLOOD CIRCULATION.

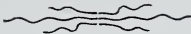
NORMAL FUNCTION: A new era dawned in medical practice when Harvey discovered the circulation of the blood, revolutionizing old theories regarding physical waste and supply. The blood is the life of trees, animals and men; girdle a tree and thus prevent the circulation of its sap, and straightway its leaves fall, it withers and dies. Impoverish the blood of animals or men, and disease ensues; with the flow of the vital fluid from the arteries, life departs. A ligature placed upon a limb, preventing the free circulation of the blood, causes it to wither and die. A free and bounding circulation of blood throughout the entire body implies warmth and physical vigor, generating force and insuring vitality, health and life.

Size AND Degree OF Activity		Cultivate	Restrain
	 <p>7 — You have a strong and steady pulsation of blood through arteries and veins, producing warmth in your extremities, and feeding brain, nerves and tissues with electric life.</p>		
	<p>6 — You have regular heart beats, are calm and collected in times of excitement and danger, never losing your presence of mind, seldom feel chilly, resist cold and ward off disease.</p>		
	<p>5 — Your circulation is fairly good and even, yet you require considerable bodily exercise to keep the flow of blood unimpeded.</p>		
	<p>4 — Your blood flows freely under favorable conditions, but in moments of excitement it gets spasmodic, preventing clear thinking and causing morbid and sluggish action of the life forces.</p>		
	<p>3 — You have a feeble and uneven flow of blood, and should live very hygienically, avoiding drafts of air upon the spine, and taking frequent but moderate open air exercise.</p>		
	<p>2 — You should realize that you are subject to heart failure, from which cause your life forces may cease at any moment. However, your life can be prolonged by hygienic living, and avoiding all stimulants.</p>		
	<p>1 — You are liable to die early from heart failure.</p>		

ENERGY.

NORMAL FUNCTION: Motion is constant throughout the Universe; objects such as rocks and ore which seem to be quiescent, are nevertheless, through disintegration and other forces, ceaselessly moving. The whirling worlds and ever restless sea but typify this law of action. "There is no death; the stars go down to rise upon some fairer shore." Animals and men experience their greatest enjoyment in action; especially is this true of the young, as witness—their active sports. This power of energy is however varied in different organizations, and it is due to this force that any manifestation of character is manifest; what steam is to the engine, energy is to man.

If it were possible to find two persons endowed with the same size and quality of brain function, but differing in degree of energy, great difference in character would be apparent. Friction wears out all material bodies; hence, beyond a certain limit, energy works the destruction of the physical structure. This force in man should be conserved.


Size AND Degree OF Activity		Cultivate	Restrain
	7 — You are very energetic; all your bodily movements are forceful; you are as restless as the sea.		
	6 — You have a store of energy laid up which will keep you in constant motion; you will wear out rather than rust out; you should take frequent repose.		
	5 — You have considerable energy, and will never be lazy or idle.		
	4 — You are not adapted to heavy burdens, and prefer light labor, and seek smooth roads and shady places.		
	3 — You are very moderate, and quite deliberate in all your movements; you will never set the sea on fire.		
	2 — You are sluggish and dilatory; rarely are your talents awakened to life sufficient to prove their existence; you need a spur and whip.		
	1 — You need a machine to draw your breath.		

EXCITABILITY.

NORMAL FUNCTION: Action and repose lie at the base of existence. Without the former, the Universe were dead ; bereft of the latter, ceaseless motion would speedily bring destruction to all organic matter. Combined, each offsets the other, and throughout Creation life and harmony reigns. Day marches out of the Orient clad in regal robes, his reign is one of activity ; then comes night, drawing her sable mantel over the earth and pinning it with a star, insuring the repose of a sleeping world.

Man is subject to this law of motion and rest. Unfortunately, a high state of civilization has entailed upon him undue excitability, often rendering him abnormally excitable, thus prematurely exhausting his vitality and leading him to decay and death.

In such cases, it is desirable that this tendency be overcome and quietude established.


Size AND Degree OF Activity		Cultivate	Restrain
	7 — You are very excitable, and subject to extremes ; you do everything at high pressure, and act upon the impulse of the moment ; you should cultivate moderation.		
	6 — You are easily thrown into a tumult and lose all control of your faculties, often saying and doing that which is irrational ; unless care is used you will prematurely exhaust your vital powers and destroy your bodily health. Keep cool.		
	5 — You are usually self-possessed and act calmly in times of danger ; your presence of mind is remarkable, and your good judgment can be relied upon in times of trial.		
	4 — You seldom lose your presence of mind ; are self-possessed.		
	3 — You are not easily excited or thrown into confusion ; ordinary events fail to excite you ; are rather too quiet, and lack enthusiasm.		
	2 — You are very dull and sluggish ; you should lash your faculties into action, and try to interest yourself in life, men and things.		
	1 — You are more dead than alive ; nothing short of an earthquake can arouse you.		

ORGANIC QUALITY.

NORMAL FUNCTION : Quantity always yields to quality. In deciding upon the merits of anything or anybody, quality of texture must be considered as of paramount importance. A bass wood and a hickory tree, of equal size, standing side by side, exhibit to the woodman different degrees of quality ; the former is soft and coarse, while the latter is hard, tough and fine grained.

The bounding deer, with a nerve at every pore is much superior in quality to the filth-wallowing swine.

The swift-footed horse, with dilated nostrils and quivering nerves, is vastly finer than the plodding dray horse. The poet shows in every lineament his superior quality to the stupid clown. People who have thick skin, coarse bristly hair, and bodies of coarse, flabby texture, with dense, expressionless or vicious features, are low in organic quality, while those whose features are finely molded, and whose skin and hair are soft and fine, are high in organic quality ; such people are refined, sensitive and spiritual.

Size AND Degree OF Activity		Cultivate	Restrain
			
	7— You are made of the finest clay, and are as sensitive as the sensitive plant ; your mental tastes exquisite, and your emotions intense beyond description. With large social faculties your love will approach the sublime ; and with large religious and spiritual faculties, you will live more in the heavens than on earth. This is a cold world for such as you.		
	6— You are exquisitely molded, high minded and shrink from anything coarse or vulgar ; are capable of intense enjoyment and terrible suffering ; you are artistic, poetic and æsthetic, have strong emotions and are subject to extremes of joy and sorrow. If your intellectual faculties are large, you will be a genius.		
	5— You possess a good quality of texture, and can battle for the right with a strong arm, being neither too sensitive nor too coarse ; your mind tends upward rather than downward.		
	4— You are fairly organized, yet liable to be led astray by evil doers ; you should cultivate the society of refined people.		
	3— You are unrefined and delight in grovelling ; try to look up ; seek the society of refined persons and live a pure life.		
	2— You need a guardian angel to keep you from evil-doing.		
	1— You are a stupid dolt, “prone to evil as the sparks fly upward.”		

DEFINITION

--OF--

TEMPERAMENTS.

IN JUDGING of Character, the scientific Phrenologist relies quite as much upon the Temperament of the person examined as upon development of brain. Every muscle, nerve, tendon or sinew, from the crown of the head to the soles of the feet is an index of character, and should be considered in computing the sum total of characteristics. There are three positive Temperaments, with many modifications or inter-blendings; they are classified as the Motive, Vital, and Mental. Seldom are the three harmoniously blended in the same person, hence the one predominating will wield the greatest influence. Temperaments are greatly modified by climate, occupation and mode of life, so that the Temperament of the man of sixty years is seldom or never that of the same person at sixteen.

Not only is Temperament indicative of character, but it enters largely as a factor in determining adaptation in marriage. To insure a perfect union in the marriage relation, and to produce harmoniously developed offspring, Temperamental opposites should be chosen, except where there is a harmonious blending of all the Temperaments in each individual. It is possible and desirable, to so live and develop the body, as to balance the Temperaments in those who strive to attain this end by proper hygienic living.

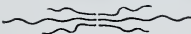
The following classification of Temperaments will be found of interest.

The Motive or Muscular Temperament.

NORMAL FUNCTION: This Temperament is the frame-work of the human edifice, and if weak the whole structure falls in ruins, if strong, the indications will be seen in large bones and strong, well-knit muscles, insuring strength and locomotion to its possessor, together with great power of endurance.

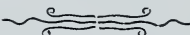
In the animal kingdom, the ox illustrates its extreme manifestation.

A full degree of this Temperament is essential to any great success in life.

Size AND Degree OF Activity		Cultivate	Restrain
7	— You are very muscular and possess great power of endurance; are tough, wiry, enduring and determined. When aroused you are like an avalanche, carrying everything before you; you are somewhat angular and rough, but are tireless, and with good intellect will make your mark on the scroll of fame.		
6	— You are tough as a mule or pine knot, have strong passions; but if the moral faculties be strong, you will govern them with indomitable will; you are calm, and exhibit good judgment in times of trial; you are either a very good or a very bad person. If the moral faculties are large and active, you are the former, but if the base of the brain is in the ascendancy, you will need angelic help to keep you in the path of rectitude.		
5	— You are strong, active and courageous, never lazy or idle, are very efficient and generally make things move when you get hold of them.		
4	— You are not noted for great strength or energy; you are spasmodic, a whirlwind for a few minutes, but soon tire out and seek light employment.		
3	— You do not possess very great power of endurance, are awed in the contemplation of great enterprises, need considerable rest, and generally manage to get it; you should live out of doors and work there.		
2	— You was born tired and keep so, are weak in body and always a laggard, are endowed with much feeling but no strength.		
1	— You are almost lifeless, a weakling.		

The Vital or Well-nourished Temperament.

NORMAL FUNCTION : Nourishment is required to support either vegetable or animal life. Vegetation does not flourish unless it is fertilized by rich earth, well watered, and warmed by the rays of the sun. In the animal economy, life force is generated through the heart, lungs, stomach, liver and bowels ; whenever these organs are well developed and active, the Vital Temperament predominates, and vigor is apparent. Among animals, this Temperament is found in excess in the swine ; it gives warmth and vitality to the entire system. People with this Temperament predominating possess a large base brain, have strong passions and an abundance of life.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You possess great vigor, have a strong, steady pulse, enjoy the good things of earth and get your share of them ; you love fresh air, but had rather ride than walk. You are inclined to obesity, and should exercise much in the open air ; you should pray not to be led into temptation, because it is hard for you to resist. Avoid the flowing bowl, and keep your passions in check.		
	6 — You have a good physique and feel alive to your extremities ; you prefer to be your own employer ; it is difficult to keep you confined to hard work. The more fun there is in life, the better you are pleased. You require active employment to keep your forces toned down.		
	5 — You are fairly well nourished, but should avoid excesses in order to keep up your vital strength.		
	4 — You have enough vitality to enjoy life, but should look out for leaks in your stock of vital force.		
	3 — You have no vitality to spare ; don't squander it by hard work, by over or improper eating ; husband your resources.		
	2 — You are far from strong, have cold hands and feet, and poor blood circulation ; you should neglect no opportunity that offers to get warmth and magnetism.		
	1 — You are very feeble.		

The Mental or Intellectual Temperament.

NORMAL FUNCTION : It has been demonstrated that while the brain wields the most powerful influence in the production of thought, it is also evident that the nervous system enters largely as a factor in generating ideas. Hence is evolved the Mental Temperament, produced by developing, in excess, a large, active brain with an intense and sensitive nervous organization.

Among animals, the deer illustrates this temperament.


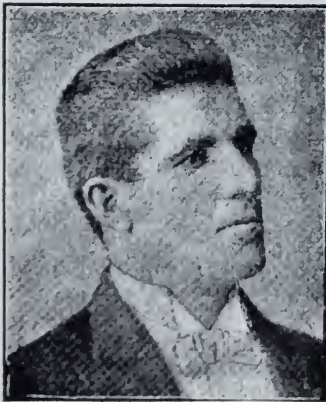
Size AND Degree OF Activity		Cultivate	Restrain
	<p>7 — You possess a large, active brain, coupled with an exquisite nervous system, causing you to be extremely sensitive, and fond of intellectual pursuits ; you are liable to exercise and develop your brain at the expense of your body, and should eat only nourishing food. Avoid all stimulants, sleep much and exercise frequently in open air.</p>		
	<p>6 — You have a clear, active and well-developed brain, together with a very sensitive nervous system. If you have the opportunity of culture, you will manifest literary, scientific or other intellectual traits in a marked degree ; you should be careful to strengthen the body by hygienic living, and not prematurely exhaust your fine nerve forces.</p>		
	<p>5 — You display good mental powers, exhibit good judgment, and are a practical, common sense person.</p>		
	<p>4 — You have fair mentality, and when excited display considerable mental talent, but are not a genius.</p>		
	<p>3 — You are rather dull, and think more of a good dinner and other physical pleasures, than of intellectual pursuits.</p>		
	<p>2 — You are quite stupid and sleepy in intellect.</p>		
	<p>1 — You are low and weak mentally.</p>		

ILLUSTRATION OF TEMPERAMENTS.



The VITAL or Well-nourished Temperament. (*See page 22.*)



The MOTIVE or Muscular Temperament. (*See page 21.*)



The MENTAL or Intellectual Temperament. (*See page 23.*)

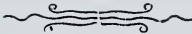
THE SOCIAL GROUP.

NORMAL FUNCTION : Without love this world would indeed be a dreary waste ; it is the life of the universe, the golden chain which links earth with heaven and forms the brotherhood of man. Its manifestations are manifold, embracing Sexual, Conjugal, Parental, Filial, Patriotic, Fraternal and Universal Love.

The seat of the faculties lies in the posterior portion of the brain, and their expression is described in the following classification of the organs.


AMATIVENESS.

NORMAL FUNCTION : Love of the opposite sex. Instinct to perpetuate the race. Reservoir of magnetism.

Size AND Degree OF Activity		Cultivate	Restrain
	 <p>7 — You possess very strong sexual impulses and wield a powerful personal magnetism over both sexes, especially your opposite. If your organic quality be low and your moral faculties weak, you will be likely to give reins to your passions. But if you are fine grained, you will prove the most emotional and ardent of lovers, experiencing the greatest ecstasy in your love, and corresponding distress when that love is thwarted.</p>		
	<p>6 — You are drawn to the opposite sex as the needle to the pole. There is a warmth in your nature which attracts the opposite sex to you ; you should use your magnetic powers to bless others. The love element is a power in your nature for weal or woe.</p>		
	<p>5 — When aroused, you are capable of considerable enthusiasm in love, and experience pleasure in loving and being loved.</p>		
	<p>4 — You possess some ardor in love, but it needs to be called out by a warmer nature than your own.</p>		
	<p>3 — You are distant, chilly and unemotional toward the opposite sex. Love is of your nature " a thing apart ; " you could easily live unmarried.</p>		
	<p>2 — You neither love nor are loved by the opposite sex.</p>		
	<p>1 — You are an iceberg.</p>		


CONJUGALITY.

NORMAL FUNCTION : Love and desire for *one* conjugal mate. The primitive, savage man was polygamous, while the advanced, civilized man is monogamous.

Size AND Degree OF Activity		Cultivate	Restrain
	<p>7 — Your greatest happiness is attained when you have found one of the opposite sex to whom you can devote your whole life in love. That <i>one</i> in your eyes will be a saint or an angel, having no faults ; you will exact the same fidelity and devotion that you bestow. You should guard against jealousy, to which you are liable.</p>		
	<p>6 — You possess a strong desire for matehood with <i>one</i> only, wherein “two hearts beat as one,” to that one you would be devoted ; no sacrifice would seem to you too great to offer at the shrine of your beloved. Infidelity on the part of your chosen mate would drive you to despair, while devotion of that mate to you would bring heaven upon earth.</p>		
	<p>5 — You can be true to one mate, and are inclined to choose but one, yet if bereft of your companion by death or desertion, you can bear the loss with philosophical composure.</p>		
	<p>4 — You prefer to love and marry one, but could love twice or thrice.</p>		
	<p>3 — You may be true to <i>one</i>, providing temptation is kept aloof.</p>		
	<p>2 — You delight in variety ; if you “rightly remember, you have loved a good number.” Fickleness and unrest attend you.</p>		
	<p>1 — You are a weather vane, in your love nature true to no one.</p>		

PARENTAL LOVE.


NORMAL FUNCTION : Instinct to preserve the species. Its manifestation is a love of children and a desire to make pets of them and of young animals.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You have an unconquerable desire to become a parent, and if you are blessed with children will idolize them and be liable to injure them by over-indulgence ; you should hold this impulse in check by your judgment in their management.		
	6 — You love children as the dewdrop loves the flower, to kiss and cherish. Toward your own you will be tender and solicitous, never tiring in their service, overlooking their faults, and proud of their achievements. All children love your society, of whom you make comrades, and you delight also in making pets of young animals.		
	5 — You are fond of children and pets, but do not spoil them by over-indulgence ; you would be a wise and loving parent.		
	4 — You love your own children fairly well, yet are not blind to their faults ; toward the children of others you are cool and distant.		
	3 — Your parental instinct is feeble ; crying children make you cross and fretful.		
	2 — You think children a necessary evil.		
	1 — You pet nothing.		

FRIENDSHIP.

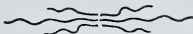
NORMAL FUNCTION : Social instinct, Love of Society, Fraternity and Brotherhood, as exemplified in the Biblical account of David and Jonathan, and of Ruth and Boaz.

“ Birds of a feather
Flock together.”

Size AND Degree OF Activity		Cultivate	Restrain
	 <p>7 — You would prove a sad hermit ; you are never content except in society ; you make many friends, and will devote time and fortune to their service. Are liable to be influenced by friendship to your injury, unless reason is used in the selection of wise and moral companions.</p>		
	6 — Your social feelings are very strong ; you love friends as a mother loves her child, and cling to them through good and ill fortune ; you should hold this impulse in check, and choose your friends wisely.		
	5 — You are warm hearted and friendly, yet use judgment in selecting confidants.		
	4 — You are affectionate, and take pleasure in a moderate amount of society, yet count your intimate friends as few.		
	3 — You make few friends, are cold and distant.		
	2 — You are your own best friend, caring little for the society of others.		
	1 — You should live alone on island in the sea.		

INHABITIVENESS.

NORMAL FUNCTION : Desire to locate in some place. Love of home and country. Patriotism.

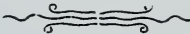
Size AND Degree OF Activity		Cultivate	Restrain
	<p>7 — You love your home as the bird its nest, and all your fondest memories are associated with your birth place. Are subject to home sickness if away from home or country, and prefer your "Lowly, thatched cottage" home, to the palace of others.</p>		
	<p>6 — You have a great desire to possess a home of your own, which "Be it ever so humble, there is no place like home." To live at home, "Sweet home," is your joy. To be absent from that loved spot of earth brings heart aches ; you are patriotic and love your country, "right or wrong."</p>		
	<p>5 — You love the old homestead and find it hard to change your place of abode, yet when necessity comes, can change to "Fresh fields and pastures new."</p>		
	<p>4 — You are contented at home, yet can easily "Fold your tent like the Arabs and silently steal away."</p>		
	<p>3 — You are suited with almost any place of abode, if your other faculties are gratified.</p>		
	<p>2 — You are a moving planet.</p>		
	<p>1 — You are a rolling stone.</p>		

The Aspiring and Restraining Group.

NORMAL FUNCTION : Without ambition no great results are achieved, hence Nature has endowed man with Aspiration, and combines therewith Restraining force, which enables him to conquer his own passional self, and to subdue the elements, compelling obedience to his behest and crowning him monarch of animated Creation. These organs are located in the coronal brain, and their manifestation is described in the following classification of brain faculties.


CONTINUITY.

NORMAL FUNCTION : Ability to concentrate the mind upon one object or thing. Application. An aspiring and restraining faculty.

Size AND Degree OF Activity		Cultivate	Restrain
	 <p>7 — You possess great power of application, are inclined to be tedious, prolix and monotonous, cannot relinquish a task until it is completed. Are very thorough in whatever you undertake, but the sun goes down while you are getting ready to begin your story ; you should avoid so many details, they tire out your listeners.</p>		
	<p>6 — You manifest close application, and are capable of great concentration of mind. A cannon fired in your ear would not move you from your train of thought. Sometimes you become a little wearisome in going into minutæ, and are rather absent minded.</p>		
	<p>5 — You can concentrate your mind on one subject when it seems desirable, yet can turn readily to another ; you are patient, but not tiresome.</p>		
	<p>4 — You possess fair powers of application, but are never prolix, can readily turn from one thing to another without confusion.</p>		
	<p>3 — You find it difficult to concentrate your thoughts upon one subject long at a time ; are rather weather-vanish ; you should strive to finish all tasks before commencing others.</p>		
	<p>2 — You are as fickle as the wind, and as unreliable, so far as completing tasks is concerned.</p>		
	<p>1 — You change your mind with every breath.</p>		

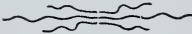
SELF ESTEEM.

NORMAL FUNCTION: Dignity, Self Confidence, Independence, Love of Liberty, Assurance, Self Respect. Rendering the person largely endowed with this faculty confident of success, and undismayed under the most trying circumstances.

Size AND Degree OF Activity		Cultivate	Restrain
	 <p>7 — You are dignified and independent, confident of your own abilities, egotistical, seldom asking or taking advice from others, haughty and domineering, chafing under restraint, aspire to lead and become master of the situation.</p>		
	<p>6 — You are high-minded, and aspire to do something worthy of yourself, never descend to clownishness, scorn to do mean acts, evince an independence of character which brooks no restraint, sometimes are liable to be overbearing and tyrannical; you never take a back seat in the synagogue.</p>		
	<p>5 — You possess a good degree of self-respect, and generally lead rather than follow, are self-poised and confident.</p>		
	<p>4 — You have a fair degree of dignity, and weigh your abilities correctly.</p>		
	<p>3 — You are rather humble, and permit your inferiors to obtain places to which you are entitled; are undignified.</p>		
	<p>2 — You resemble Uriah Heap in being too "Umble," and having a poor opinion of yourself, fail to command the respect of others.</p>		
	<p>1 — You are a clown.</p>		

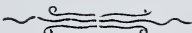
APPROBATIVENESS.

NORMAL FUNCTION: Ambition, Aspiration to achieve. Love of distinction and applause. Sensitive to the opinion of others.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You have great ambition to excel in whatever you undertake, and are exceedingly sensitive to the approval or disapproval of others, are fond of display. You should call Firmness to your aid in assisting you to avoid vanity, to which you are inclined when praised, and to keep you from dejection when censured.		
	6 — You feel keenly the praise or blame of friends or the public; are very ambitious and sensitive to the opinion of others, and will leave no stone unturned to accomplish something worthy of your ambition.		
	5 — You are ambitious and desire to write your name on the scroll of fame, but are not blinded by the glare of popularity; your estimate of public opinion is just, neither too much or too little.		
	4 — You have some ambition, yet you are rather independent, and although you value the approval of others, will not sacrifice much to secure it.		
	3 — You are very composed under either praise or censure.		
	2 — You are uninspired by ambition, and unmoved by applause or hisses.		
	1 — You detest display and etiquette, and are insensible to praise or blame.		


CAUTIOUSNESS.

NORMAL FUNCTION: Watchfulness, Carefulness, Prudence, Forethought, Anxiety. This faculty is the sentinel on the tower, who gives the alarm on the approach of danger.

Size AND Degree OF Activity		Cultivate	Restrain
	 <p>7 — You are always looking for danger, which seldom meets you half way; you make mountains out of mole hills, and see a "Giant Grim" at every cross roads. You suffer from fear when all is calm, are liable to procrastination, fearing to lead lest disaster follow.</p>		
	<p>6 — You imagine danger when there is none, are very careful, and make no false moves; you stand shivering on the brink of the stream in which are many good swimmers. Remember that "nothing venture, nothing have," and "Faint heart never won fair lady." You restrain the rash impulse of passion through fear of results, are very suspicious, and "cross a bridge before reaching it."</p>		
	<p>5 — You are prudent and careful, yet are not forward, but keep a good look out, and are seldom taken by surprise.</p>		
	<p>4 — You have a fair share of caution, yet act impulsively, and take too great risks.</p>		
	<p>3 — You are often reckless, and get into trouble through rash action; you are a stranger to fear.</p>		
	<p>2 — You take great risks without counting the cost; you should look before you leap.</p>		
	<p>1 — You have no forethought.</p>		

FIRMNESS.

NORMAL FUNCTION: Will power, Perseverence, Determination, Steadfastness. This faculty is unyielding, aspires to become master, and acts as a check to the propensities and passions.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You are obstinate and very persevering; having a will of iron, you should use it to first hold yourself in subjection before ruling others; you never acknowledge defeat. With you it is victory or death.		
	6 — You are decided and determined, your power of will renders you dauntless and undismayed, making you wring victory from defeat. Are persistent and indomitable, knowing no such word as fail.		
	5 — You are persevering and tenacious of purpose, yet are not obstinate; will yield to reason, but will hold the fort as long as a reasonable chance remains of success.		
	4 — You are fairly firm of purpose, yet yield to pressure and abandon your position if very strongly opposed.		
	3 — You find it easier to float down stream than to paddle up, and are inclined to yield to opposition.		
	2 — You are easily turned from your purpose, holding no restraint over yourself or others.		
	1 — You should borrow some of a mule's will, having none of your own.		

SELF-PROTECTING GROUP.

NORMAL FUNCTION: Society is composed of individuals, each of whom has personal wants to be supplied. Nature has endowed man with faculties which enable him to supply his physical needs, and to protect him against all encroachment. The organs designed for this purpose lie at the base of the brain, immediately around the *medulla oblongata*.

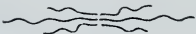
These faculties have been held to be selfish, and have been decried by religionists and moralists alike. During the dark ages, religious enthusiasts and ascetics vied with each other in crucifying the flesh, in order that they might the more surely win heaven for their immortal souls, teaching the doctrine that "man is prone to evil as the sparks fly upward," and that his entire passional nature should be crucified, that self-immolation was essential to a life of holiness.

It has remained for Phrenology to come to the rescue of poor despised human nature, and to prove that Nature never implanted in man (her crowning work) a faculty that was vile.

Neither are the faculties in question essentially selfish, but rather self-protecting, assisting by their strength (under proper control) in upholding the Social, Spiritual, Moral and Intellectual faculties, in their work of unfolding and developing a perfect manhood.

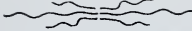
VITATIVENESS.

NORMAL FUNCTION: Life force. Power to conquer disease and death. Love of existence and fear of dissolution. Unconquerable resistance to the "pale horse" and his rider.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You possess marvelous life tenacity, and seem to have drank at the "fountain of youth." Like the feline race, you seem to have nine lives, yet shrink from the shadow of death; your recuperative power is very great, and resistance to disease extraordinary.		
	6 — You are very tenacious of life. If sick you will be <i>very</i> sick, and if you recover it will be speedily; you cling to life as the shipwrecked mariner to a spar, and will "die in the last ditch." You hope for immortality and shrink from annihilation.		
	5 — You have a strong hold on life and possess a great desire to live, yet are not timid in the face of death.		
	4 — You have a fair degree of life force and feel a desire to continue living, yet could meet the destroying angel with composure.		
	3 — You have little power to resist disease and care little for existence.		
	2 — You resist disease feebly and have no fear of death.		
	1 — You and death are friends.		

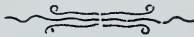
COMBATIVENESS.

NORMAL FUNCTION: Opposition, Courage, Daring, Disputation. This faculty renders its possessor courageous, spirited and efficient in defending his or her rights. Like all the emotional faculties, it should be held in check by the intellectual, moral and restraining group.

Size AND Degree OF Activity		Cultivate	Restrain
	 <p>7 -- You are very energetic, bold and courageous, inclined to contention, love and court opposition, and often take umbrage at trivial remarks from others, are quick to resent an insult, and sometimes rather too aggressive and daring. "Let not the sun go down upon thy wrath."</p>		
	<p>6 -- You are high-spirited, courageous, aggressive, fond of disputation, and like Jack Easy, always want to "argue the case." Possess great energy, and are never lazy or idle; you are easily offended, and quick tempered. Remember that "A soft answer turneth away wrath, but grievous words stir up anger."</p>		
	<p>5 -- You have a good degree of courage and energy, enjoy argument, yet are not quarrelsome, but knowing your rights, dare maintain them.</p>		
	<p>4 -- You are fairly courageous, and when aroused will defend your rights, yet prefer peace to contention.</p>		
	<p>3 -- You are slow to anger, and prefer an easy life to one of bustle.</p>		
	<p>2 -- You are too mild and pacific. Lack force, in fact are lazy.</p>		
	<p>1 -- You are a coward, and dare not resent it.</p>		

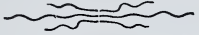
DESTRUCTIVENESS.

NORMAL FUNCTION: Executive ability. Force of character, Determination, Energy. This faculty is a moving power, the propeller; its name belies its function. It is only destructive when allowed to run riot. Normally, it is the steam that propels the entire physical and mental machinery.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You are the embodiment of energy, a perfect cyclone, exceedingly resolute and determined, are restless and a "rustler," are too much overcome by resentful feeling, and on provocation become furious.		
	6 — You are energetic, forcible and tempestuous, in debate often sarcastic; your steam is always up and your machinery running; you will wear out before rusting out. Obstacles in your path only stimulate you to greater action. When provoked, you feel very revengeful, this passion should be held in check.		
	5 — You are forcible and energetic, industrious and progressive, keeping abreast of the times, and always ready to move on the enemy's works.		
	4 — You are fairly energetic, but not a great worker. Great difficulties discourage you.		
	3 — You are inoffensive and easily conquered.		
	2 — You are too gentle and mild to accomplish much in this working world.		
	1 — You are a milksop.		

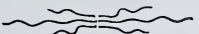
ALIMENTIVENESS.

NORMAL FUNCTION: Appetite, Pleasure in gratifying the sense of taste. This faculty instinctively demands nourishment for the body, to supply the waste of tissue.

Size AND Degree OF Activity			Cultivate	Restrain
	7	You are an epicure and delight in choice viands; your appetite often rules you, causing you to sacrifice the offering of common sense upon the altar of the stomach.		
	6	You enjoy eating greatly, and are liable to eat too much and often rich food. The dinner bell is delightful music in your ear.		
	5	You have a good appetite, but govern it well.		
	4	You enjoy food, but are not gluttonous.		
	3	You are a little dainty.		
	2	You care too little for food, hence your body becomes impoverished.		
	1	You eat less than a humming bird.		


BIBATIVENESS.

NORMAL FUNCTION: Pleasure in liquids, delight in aquatic sports, sailing, swimming, etc. Two-thirds of the earth's surface is water, and our bodies are largely composed of that element, hence this faculty is essential to life and its enjoyments.

Size AND Degree OF Activity			Cultivate	Restrain
	7	You are a natural sailor, and are never so happy as when "Bounding o'er the dark blue wave," swimming, diving or drinking.		
	6	You enjoy marine views, to hear the rippling streamlet, to bathe in the placid lake, or drink from the wayside spring.		
	5	You take pleasure in the aqueous element, but are not extravagant in that taste.		
	4	You are not fond of water, prefer the land and drink but little.		
	3	You are timid when on, or near the water, are seldom thirsty.		
	2	You look with disdain upon water.		
	1	You are afraid of water.		

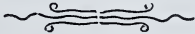
ACQUISITIVENESS.

NORMAL FUNCTION : Love of acquiring money or property of any kind. Desire for wealth.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You are miserly, to your eyes a dollar is as big as a cartwheel ; you would sacrifice health and all desirable things in order to get wealth ; are penurious and sordid, a Shylock.		
	6 — You are eager to acquire and have an instinctive knowledge where the dollar lies ; are very economical and a natural financier. Are too avaricious and grasping.		
	5 — You love money for what it will bring, but are not miserly, and strive to <div style="text-align: center;"> <p>“ Gather gear by every wile, That’s justified by honor, Not for to hoard it in a cell, Or for a train attendant— But for the glorious privilege Of being independent.”—<i>Burns.</i></p> </div>		
	4 — You love property only for the use you can make of it.		
	3 — You are a poor financier ; money and you soon part company.		
	2 — You spend more than you make, are wasteful and improvident.		
	1 — You are shiftless.		

SECRETIVENESS.

NORMAL FUNCTION: Cunning, Ability to conceal acts, thoughts or emotions, Tact, Shrewdness, Self-Poise.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You have as many sides as the kaleidoscope, seldom exposing your true self, are artful, shrewd, and a riddle to the world. Capable of keeping any secret until the last trump is heard.		
	6 — You are secretive, and possess great tact and control over your emotions. Take pleasure in giving surprise to your friends, are an excellent strategist, often give equivocal answers when questioned, are self-contained, masterful and very reserved.		
	5 — You can keep a secret very well, yet are not crafty or cunning.		
	4 — You are unreserved, can hold a secret fairly well, but when excited betray your emotions.		
	3 — You are very sincere and transparent, often betraying your own secrets and those of others, are imprudent in speech.		
	2 — You can conceal little or nothing, but wear your heart on your sleeve.		
	1 — You are a leaky vessel.		

The Moral, Spiritual and Religious Group.

NORMAL FUNCTION : Man is distinctively a Moral and Religious being. The dividing line between the human and the brute is not to be found in the domain of the intellect as taught by some Metaphysicians, but rather in the Moral, Spiritual and Religious realm, as is proved by the fact that animals are gifted with reasoning faculties; some of them only a little inferior to the lowest order of men, while they have never been known to exhibit moral sentiments, to evince spiritual insight, or manifest religious tendency.

Man alone being the fruit of the tree of life, stands upon the mountain top and catches a glimpse of spiritual glory, reflected from the shining minarets of temples "not made by hands, eternal in the heavens," while through his being thrills the inspiration of religion, born of a faith in immortality, and yielding a fruitage of aspiration and adoration.


Lighted by the fires of the Druids, past the Delphic Oracle, through historic into prehistoric ages, marked by the milestones of ruined temples and crumbling pyramids, we trace this religious and spiritual impulse in man, while legal tomes from the Ten Commandments to Blackstone, proclaim his sense of moral obligation.

Nature in constructing her living temple, has laid the Self-Protecting group as a foundation stone at the base of the brain, and placed the Moral, Spiritual and Religious Group as a capstone upon its apex.

Illumined by these faculties, man treads the corridors of time with chastened feet, and looks with Faith's dauntless, expectant eyes, upon the shining shore whose sands are washed by the restless waves of Eternity.

CONSCIENTIOUSNESS.

NORMAL FUNCTION: Desire to do right. Love of justice. Honesty and integrity. This faculty acts as a censor over the whole person. It is an emotional faculty, sternly but blindly demanding that such morals be performed and justice enacted as education, environment and the intellect shall establish.


Size AND Degree OF Activity		Cultivate	Restrain
	 <p>7 — You are governed by the best motives, and strive to live up to your highest ideal of right. Are intolerant of what seems to you to be wrong doing in others, even to persecution as a means of establishing your conception of justice.</p>		
	6 — You never swerve from your conception of right, often sitting in judgment upon your own acts and the deeds of others, showing little mercy to the wrong doer; your motto is duty before expediency, you are a law unto yourself.		
	5 — You greatly desire to do right and only yield to strong temptation against your judgment of righteousness, you then become very penitent, and strive to atone for the real or fancied wrong.		
	4 — You generally choose the path of rectitude, and have a desire that right shall prevail, yet under pressure may stumble and fall.		
	3 — You seek rather to justify yourself in wrong doing, than to strive for a better life.		
	2 — You have only a feeble conception of justice or right.		
	1 — You are a wretch.		

HOPE.

NORMAL FUNCTION: Expectation, Belief in the future, Anticipation, Truth, Faith.

"Hope springs eternal in the human breast.

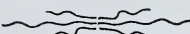
"Man never *is*, but always *to* be blest."

Size AND Degree OF Activity		Cultivate	Restrain
	 <p>7 — You live in the future; if crushed to earth you rise again with renewed faith. There is always a bright star in your sky, which often proves an <i>Ignis=fatuus</i>.</p>		
	6 — You are sanguine and hopeful, building many "castles in Spain," only to see them dissipate into thin air, but they are soon replaced by others equally grand and evanescent; you are not easily discouraged, every cloud in your sky has a "silver lining."		
	5 — You generally realize what you expect. Are hopeful as long as there is a reasonable chance of success, but can look facts unflinchingly in the face.		
	4 — You live in the present, letting the future take care of itself; expecting little, are seldom disappointed, never make rash ventures.		
	3 — You are often despondent, venture little, are faint hearted, and are surprised to meet with good fortune.		
	2 — You believe that "Man was made to mourn," and you do your share of weeping.		
	1 — Your sky is starless.		

SPIRITUALITY.


NORMAL FUNCTION: Intuition, Spiritual Perception, Faith in immortality, Inspiration.

Probably no faculty possessed by man has been so little understood as this; neither is there one upon which poises more momentous results. Through its inspiration its possessor perceives truth and principles at a glance, sees the pearly "gates ajar" and knows an immortal life is his destiny.

Size AND Degree OF Activity		Cultivate	Restrain
	 <p>7 — You are endowed with wonderful spiritual perception, perceiving truth without the labored process of reasoning; are highly inspirational and have a faith in immortality which amounts to knowledge.</p>		
	<p>6 — You possess great spiritual insight, are cognizant of internal and eternal truths not revealed to the intellect, delight to dwell upon spiritual themes, are clairvoyant and clairaudient, and have a consciousness of ethics which is a positive guide to righteousness and duty.</p>		
	<p>5 — You are endowed with considerable intuition, and when thus guided are spiritually exalted and content, but sometimes fail to heed premonitions, to your discomfiture.</p>		
	<p>4 — You have a fair degree of spiritual perception, but often smother its monitions under a weight of material reasoning.</p>		
	<p>3 — You have little faith in anything that cannot be weighed or measured, and demand intellectual proof of all assertions; are spiritually blind.</p>		
	<p>2 — You are of the "earth, earthy," perceiving nothing but solid matter.</p>		
	<p>1 — You are a blind materialist.</p>		

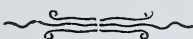
VENERATION.

NORMAL FUNCTION: Adoration, Reverence, Respect for old people and things sacred. This is a worshipful faculty, delighting in a contemplation of that which commands reverence.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You have a great reverence for Deity, and respect old age; are noted for great piety, and liable to become fanatical. Love antiquity, are shocked at profanity, and are habitually serious. Take pleasure in observing religious rites.		
	6 — You have great religious fervor, are prayerful. Love to follow beaten paths, and express delight in the contemplation of Deity and his mighty works. Respect the aged and great, and are worshipful of those you love.		
	5 — You are capable of considerable religious fervor, and enjoy seasons of prayer, however are not long-faced or serious. Are respectful to all who prove themselves worthy.		
	4 — You never let piety or worship interfere with business or pleasure.		
	3 — You are somewhat irreverent, and care little for sacred things; are given to levity.		
	2 — You have grave doubts about the existence of a God, and respect nothing nor anybody.		
	1 — You are a scoffer.		

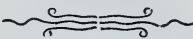
BENEVOLENCE.

NORMAL FUNCTION : Generosity, Philanthropy, Sympathy.
This faculty acts the "Good Samaritan," and overflows with the
"milk of human kindness."

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You have a heart too big for your purse. Nothing gives you greater pleasure than bestowing. You are too sympathetic, and fail to use judgment in your benefactions.		
	6 — You are generous to a fault, scattering benefactions with a lavish hand. To do good unto others is your religion, are very philanthropic and benevolent, seldom think of self, but "Live for the good you can do."		
	5 — Your heart is touched by tales of distress, and your sympathies easily aroused, yet you are not easily imposed upon by designing persons. Your judgment is consulted when you bestow charity.		
	4 — You are not very generous, generally choose the best places and things for yourself.		
	3 — You are not very self denying, are unsympathetic.		
	2 — You are selfish and cold hearted ; if you bestow charity it will be to get returns a thousand fold.		
	1 — You are heartless.		

HUMAN NATURE.

NORMAL FUNCTION: Intuition, Knowledge of men and character, Psychometry. This faculty is wholly spiritual and intuitional, penetrating the motives and disposition of people at a glance, the power to read souls.

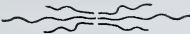
Size AND Degree OF Activity		Cultivate	Restrain
	7 — You know men and women as though you had made them. Your first impressions of people are correct. You take delight in reading character, are a natural detective.		
	6 — You are very intuitional, are never mistaken in the character of those you meet if unbiased by prejudice; are a natural Psychometrist and can truthfully read the souls of men and things, together with their history.		
	5 — You readily read the character of those you meet, and are intuitional in a fair degree, yet may be biased by second impressions.		
	4 — You have only a moderate power to read character, and often make mistakes; are not very impressionable.		
	3 — You are often deceived in people, seldom reading them correctly, having little or no intuition or Psychometric power.		
	2 — You are easily hoodwinked, and cannot see men as they are.		
	1 — Fools and Philosophers, Saints and Sinners are all alike to you.		

The Constructive and Idealistic Group.

NORMAL FUNCTION: Construction, Refinement, Ideal. These faculties tend to round out manhood and womanhood. To construct a higher civilization and to embellish and idealize into beauty a common life.

IMITATION.

NORMAL FUNCTION : Copying, Mimicry.

Size AND Degree OF Activity		Cultivate	Restrain
	 <p>7 — You possess the faculty of doing anything you have ever seen done, sometimes almost lose your identity in mimicking others. Are a good actor.</p>		
	<p>6 — You have the ability to copy from nature, or act, and to make anything you have once seen. Are a good mimic.</p>		
	<p>5 — You can copy and mimic fairly well, yet do not lose your identity in others.</p>		
	<p>4 — You copy with difficulty. All your work bears your trade mark.</p>		
	<p>3 — You are original, and seldom attempt to copy or imitate others, and when you do, it is a dismal failure.</p>		
	<p>2 — You are never mistaken for another person, nothing that you do resembles anything else.</p>		
	<p>1 — You are yourself. Can imitate nothing.</p>		

MIRTHFULNESS.

NORMAL FUNCTION: Humor, Fun, Laughter.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You are a humorist of the first water, enjoy a hearty laugh better than anything else. Are jovial.		
	6 — You are fond of joking, and can keep people in laughter with your sallies of wit. Can see fun in everything.		
	5 — You enjoy jokes, and laugh at good ones, sometimes make them.		
	4 — You love merry company, yet are not given to hilarity.		
	3 — You are rather solemn, though pleased with a good joke.		
	2 — You seldom smile, and cannot see a good joke.		
	1 — You are an old sobersides.		

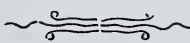
AGREEABLENESS.

NORMAL FUNCTION: Affability, Politeness, Gentleness. This faculty gives persuasiveness.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You are very fascinating and winning, delighting every one with your pleasant manner, always saying the right word and doing the correct thing at the proper time.		
	6 — You have great power of persuasion, and win to your cause all who make your acquaintance.		
	5 — You are somewhat bland, but are not over persuasive.		
	4 — You are fairly agreeable, but not very suave.		
	3 — You possess little suavity.		
	2 — You are capable of making yourself disagreeable, and are seldom otherwise.		
	1 — You are not bland.		


TIME.

NORMAL FUNCTION : Cognizance of the duration of time, Memory of dates, Punctuality.

Size AND Degree OF Activity		Cultivate	Restrain
7	— You keep perfect time, remember dates, and never fail to keep appointments at the stated time.		
6	— You remember dates perfectly, keep time in music with accuracy, and can awaken at any time you desire.		
5	— You can judge fairly well of time, but are not always accurate.		
4	— You require practice to keep time correctly.		
3	— You are deficient in this faculty.		
2	— You forget dates.		
1	— You are always out of date.		

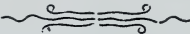
TUNE.

NORMAL FUNCTION : Harmony of sound, Melody, Symphony. "Music hath charms to still the savage breast."

Size AND Degree OF Activity		Cultivate	Restrain
7	— You are inspired by music, and feel its divine baptism thrill your soul. Are a natural musician.		
6	— You delight in symphony, and are transported by a correct rendering of the productions of Mozart or Beethoven. Any discord in music renders you nearly frantic ; your emphasis of words is also accurate.		
5	— You have a good musical faculty, and are capable of becoming a good musician.		
4	— You have a fair degree of musical talent, but are not a musical enthusiast.		
3	— You are slow to catch tunes, and care but little for music.		
2	— You can detect no difference between the tones of the dulcet guitar and a Chinese gong.		
1	— There is no music in your soul.		

CONSTRUCTIVENESS.


NORMAL FUNCTION: Ingenuity, Ability to construct, Mechanical dexterity, Building capacity, Adaptation of means to ends.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You are a mechanical genius, and can construct anything from a cob-house to a locomotive.		
	6 — You take delight in constructing machinery ¹ or building edifices, are constantly contriving new ways of doing things, are prolific in ideas, can make anything, together with the tools required to construct it. Exhibit great skill in the constructing of sentences in speech or writing. Are an inventor.		
	5 — You exhibit skill in the use of tools, and are a natural mechanic.		
	4 — You are fairly good at contriving and constructing, yet need teaching and practice to become a good workman.		
	3 — You are a poor mechanic, and use tools bunglingly.		
	2 — You make wretched work in constructing; don't try.		
	1 — You possess no ingenuity.		

IDEALITY.

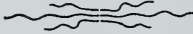
NORMAL FUNCTION: Refinement, Sentiment, Imagery, Poesy.

This faculty is æsthetic, delicate, and exquisite in taste and feeling.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You place no bounds to imagination, but tread a flowery path unknown to common mortals. A halo of beauty seems to surround all you think or do. Are too fastidious for this work-a-day world.		
	6 — You possess a very poetical nature, and delight in imagery, see beauty and loveliness in common things, and are enraptured by the rainbow's tints, the rose's blush, the sun-set's farewell kiss, and the moon-beams embrace of the rippling rivulet. Are a natural poet.		
	5 — You appreciate beauty, are refined in your tastes, and love poetry and art.		
	4 — You possess some poetical feeling, but prefer the solid earth to the fanciful skies as an abiding place.		
	3 — You are unimaginative, and can see but little beauty in the world; are uncouth.		
	2 — You are a utilitarian, poetry is an unknown realm to you.		
	1 — You are prosaic.		

SUBLIMITY.

NORMAL FUNCTION: Omnipotence, Infinitude, Lofty, Grand, Magnificent. This faculty revels in the illimitable. Unfathomable.


Size AND Degree OF Activity		Cultivate	Restrain
	7 — You soar to heights sublime, are ecstatic in the contemplation of the grand, magnificent and awful. The roaring ocean, the tumbling cataract or thunder storm inthrall you. You are liable to become extravagant in speech.		
	6 — You worship at the shrine of nature when she assumes her grandest moods. The whirling worlds on high, the thunder's awful roar, the earthquake's shock, the ocean storm and the cataract's fall, thrill your soul with rapture.		
	5 — You are fond of the sublime in nature, yet are are not moved to enthusiasm by grandeur.		
	4 — You prefer quiet scenery to the roar of the elements.		
	3 — You fail to perceive anything to admire in mountain scenery or the foaming cataract.		
	2 — You prefer a calm to a storm.		
	1 — You are tame.		

OBSERVING GROUP.

NORMAL FUNCTION: Observation, Perception, Cognizance, Investigation. This group of faculties *observes* things and incidents. They are the store-house of objects and facts. They do no reflecting, but collect material upon which the intellectual group reasons; being situated immediately below the latter group and in the frontal brain, they are ever watchful for events and matter upon which to feed the intellect.


INDIVIDUALITY.

NORMAL FUNCTION: Observation, Curiosity, Examination.

Size AND Degree OF Activity		Cultivate	Restrain
			
	7 — You are a very great observer, nothing escapes your notice; are a walking interrogation point.		
	6 — You are practical, and see all there is to be seen, are always eager to learn of something new.		
	5 — You are a good observer.		
	4 — You take notice of conspicuous things, but are not over inquisitive.		
	3 — You are indifferent about passing events.		
	2 — You observe but few things.		
	1 — You lack observation.		


FORM.

NORMAL FUNCTION: Memory of shape and form.

Size AND Degree OF Activity		Cultivate	Restrain
			
	7 — You are an excellent judge of shape and configuration, never forgetting a face or form.		
	6 — You remember the form of anything once seen, could learn to draw and sketch.		
	5 — You have a memory for form and shape.		
	4 — You need practice to remember form.		
	3 — You forget how things looked.		
	2 — You see little difference in shapes.		
	1 — You perceive no difference between round and square objects.		

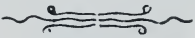
SIZE.

NORMAL FUNCTION: Magnitude, Bulk, Quantity.

Size AND Degree OF Activity		Cultivate	Restrain
7	— You can measure accurately distance and proportion.		
6	— You are a good judge of angles, and the difference between large and small objects, are annoyed when seeing things out of proportion in size.		
5	— You have a fair conception of the relative size of things.		
4	— You need practice, and a rule and compass to get things accurate in size.		
3	— You see little difference in the size of objects.		
2	— You judge inaccurately of the size of things.		
1	— You perceive no difference between a mole hill and a mountain.		


WEIGHT.

NORMAL FUNCTION: Gravity, Resistance, Balancing power.

Size AND Degree OF Activity		Cultivate	Restrain
7	— You are an excellent judge of the weight of objects, and can balance yourself with ease, are a good marksman, and could become a good acrobat.		
6	— You want everything plum, are a good equestrian, can climb and balance equal to a monkey, could estimate the weight of cattle or a load of hay to a pound.		
5	— You have a fair sense of weight, but had better trust to scales.		
4	— You are timid in high places, and are inaccurate in judgment of weight.		
3	— You would make a poor circus rider, having little balancing power.		
2	— You tumble around strangely.		
1	— You are clumsy.		

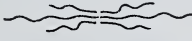
COLOR.

NORMAL FUNCTION: Delight in tints; Ability to combine colors.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You take great pleasure in looking at colors, the rainbow is a thing of beauty to your eyes; you would excel in combining colors for painting.		
	6 — You take delight in arranging flowers, and can harmoniously combine colors. Could become a color artist.		
	5 — You have a fair conception of color, and with practice could combine them.		
	4 — You have some ability in arranging colors, but are not a colorist.		
	3 — You seldom notice colors.		
	2 — You see little difference in color.		
	1 — You are color blind.		


ORDER.

NORMAL FUNCTION: Method, System.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You are very systematic and methodical; must have "a place for everything and everything in its place."		
	6 — You insist on method and the systematic arrangement of things, are annoyed by disorder and are neat and tidy in person.		
	5 — You love order but are not over prudish.		
	4 — You are only fairly orderly.		
	3 — You are rather disorderly.		
	2 — You are untidy and slipshod.		
	1 — You are the embodiment of confusion, worse confounded.		


CALCULATION.

NORMAL FUNCTION : Number, Computation, Arithmetical ability.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You possess a wonderful capacity to compute and calculate sums and figures, are a natural arithmetician.		
	6 — You excel in arithmetic, are a good statistician, remember dates and numbers correctly, and would make a good book-keeper.		
	5 — You can compute numbers fairly well, but need practice to make perfect.		
	4 — You are moderately endowed with calculation.		
	3 — You are only sure of a number when you see it written.		
	2 — You are dull in arithmetic.		
	1 — You cannot count ten.		

LOCALITY.

NORMAL FUNCTION : Remembrance of places, Love of travel.

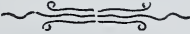
Size AND Degree OF Activity		Cultivate	Restrain
	7 — You never forget a locality, seldom lose your points of compass, are very fond of travel and are a natural explorer.		
	6 — You can remember the appearance and location of every place once visited, are a rover and good geographer.		
	5 — You remember localities fairly well, and are not very easily lost.		
	4 — You take little notice of places.		
	3 — You care little for travelling.		
	2 — You travel at random.		
	1 — You can't find your way home without a compass.		

THE INTELLECTUAL GROUP.

NORMAL FUNCTION : Reasoning, Thinking, Reflecting, Contemplating. These faulties are situated in the superior anterior portion of the brain, looking out upon the world of matter with inquisitive contemplative eyes, and demanding that all theories be passed through the crucible of reason before adoption. Sitting in judgment upon all acts of the other faculties, and with a magic hand subduing the elements, and rendering the created world subservient to their behests. Thus crowning man by reason of his superior intelligence, monarch of the visible Universe.

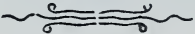
CAUSALTY.

NORMAL FUNCTION : Reasoning capacity, Originality, Thinking, Contriving, Philosophizing.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You are a great reasoner, and possess a very comprehensive mind, are a natural logician and observer of cause and effect ; you should guard against becoming too theoretical.		
	6 — You possess excellent powers of reasoning, are a philosopher, delight in tracing effects to causes and thereby establishing theories. Are a metaphysician and sound reasoner, to whom all lesser lights must bow.		
	5 — You are quite original, and take delight in studying the causes of effects and adapting means to ends ; you are a good reasoner.		
	4 — You have only a fair amount of reasoning power.		
	3 — You are not a great thinker or planner.		
	2 — You do little thinking upon causes.		
	1 — You possess no originality.		


COMPARISON.

NORMAL FUNCTION: Analytical power, Resemblance, Classification, Inference. This faculty is a great critic, no defect in analogy escaping its eagle eye. Strongly inclined to inductive reasoning it draws inferences which are unanswerable.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You delight in drawing comparisons, and can trace the relation between the known and unknown with unerring exactness.		
	6 — You are a fine, clear analyst, and illustrate all your thoughts by apt comparisons. Can see a principle in every manifestation of nature, are a strong inductive reasoner, would excel as a chemist. Are a natural critic.		
	5 — You are clear in your demonstrations, showing by comparison the resemblance of things and principles; are fond of illustration by anecdote.		
	4 — You are fairly endowed with comparative ability, but fail to see faint resemblances.		
	3 — You fail to perceive resemblances. Objects are only like themselves to your mind.		
	2 — You are a poor analyst.		
	1 — You never draw inferences.		


EVENTUALITY.

NORMAL FUNCTION : Memory of events, History, Biography, Circumstances.

Size AND Degree OF Activity		Cultivate	Restrain
	 <p>7 — You possess a remarkable memory of events, remember everything that ever happened to you or which came under your observation, have an unquenchable thirst for knowledge, are a natural historian.</p>		
	<p>6 — You have a retentive memory of events, and delight in reading and plucking knowledge from every tree ; your whole life lies before you as a panorama, and you have history almost at your command.</p>		
	<p>5 — You remember events with considerable correctness, and take pleasure in studying history and biography, yet are not particular about details.</p>		
	<p>4 — You remember common occurrences, but fail to bear in mind the details.</p>		
	<p>3 — You forget all details, and only remember striking events ; you seldom refer to incidents.</p>		
	<p>2 — You have a very treacherous memory of events, forgetting facts as though they never were.</p>		
	<p>1 — Your memory is leaky.</p>		

LANGUAGE.

NORMAL FUNCTION : Power of speech, Memory of words.

Size AND Degree OF Activity		Cultivate	Restrain
	7 — You possess a remarkable vocabulary, are a natural linguist, never hesitate for words to express your ideas, often use too many words, love to make quotations, are copious in expression.		
	6 — You are never at a loss for words to express your ideas, are a walking dictionary, are verbose, fluent and delight in word painting.		
	5 — You have no hesitancy in expression, yet are not copious in the use of words, generally speak to the point, can write better than you can speak.		
	4 — You are fairly endowed with language, but often hesitate for the right word to express your ideas.		
	3 — You are taciturn from inability to express your thoughts, are a poor linguist.		
	2 — You are a poor conversationalist, having a feeble command of language.		
	1 — You are dumb.		

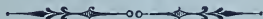
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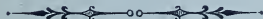


ALLAN HADDOCK, Editor and Proprietor.

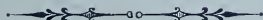
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